

# Chasing the High: The Ultimate ACOTAR Hangover Cure

*Screaming, crying, throwing  
up over a fictional bat boy?  
You're in the right place.*

A highly curated, BookTok-approved  
guide to surviving life after Prythian.

♡ Book  
Boyfriend

Found  
Family

☆ Court of  
Dreams ☆

♡ Book  
Boyfriend

♡ Spicy  
Reads

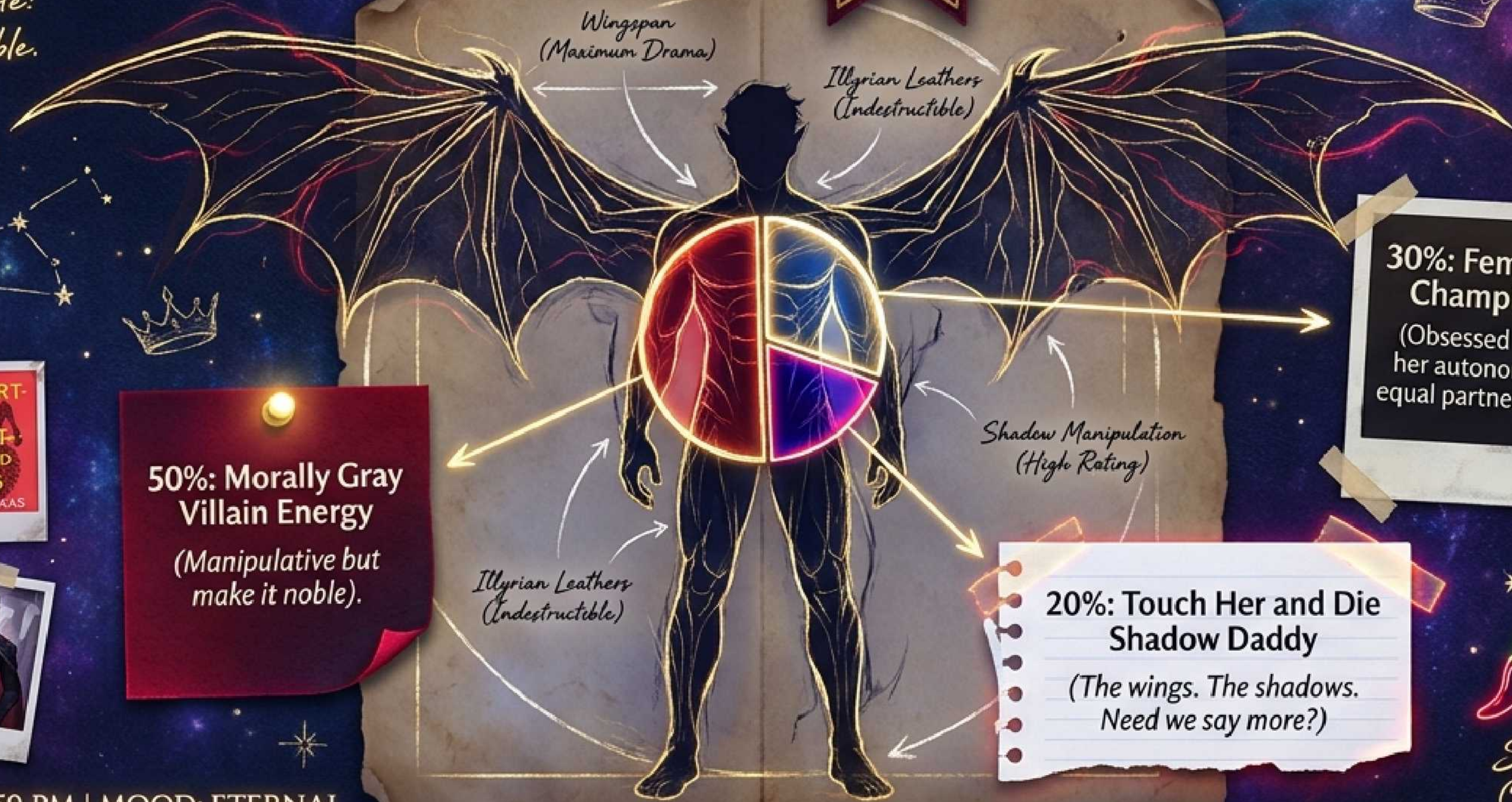
# The Diagnosis: You're Suffering from The Rhysand Effect.

Curator's Note:  
*It's inescapable.*

Re-read the obsession:  
[/products/a-court-of-thorns-and-roses-sarah-j-maas/](#)

Where it all changed:  
[/products/a-court-of-mist-and-fury-sarah-j-maas/](#)

*Click to fuel your addiction.*



**30%: Feminist Champion**  
(Obsessed with her autonomy & equal partnership).

**50%: Morally Gray Villain Energy**  
(Manipulative but make it noble).

**20%: Touch Her and Die Shadow Daddy**  
(The wings. The shadows. Need we say more?)



*Spice Level: 5/5*  
(Prepare yourself)



# The Prescription: How We Grade the Replacements.

## The Vibe

The exact aesthetic and pacing of the read.  
(Are we cozy and giggling, or stressed and sweating?)

*Crucial for mood matching!*

## The Archetype

The MMC match.  
From broody vampires to immortal enforcers.



## The Scoville Scale

The BookTok standard for spice.



**1 Pepper:** Glimpses & Kisses (Closed door).



**3 Peppers:** Open Door (Crescent City levels).



**5 Peppers:** Explicit & Plentiful (*We're blushing on the subway.*)



*(Prepare yourself!)* A flame icon above a heart icon.

# The Banter Cure: Villains and Virtues (by A.K. Caggiano)



Dark Castle vs.  
Radiant Sun

**Vibe:** Cozy, Slow-Burn Rom-Com.  
(Like *Shrek on crack* but make it high fantasy.)

**Archetype:** Grumpy Morally Gray x  
Sunshine Heroine.

**Spice Scale:** 1 to 3 Peppers  
(The slowest, most agonizing  
burn that will have you kicking  
your feet). 🌶️🌶️🌶️

The first book has the  
most intense sexual  
tension I've ever read  
without actual spice.  
Masterclass in banter!


# The Deadly Trials Cure: The Serpent and the Wings of Night (by Carissa Broadbent)



Blood, Fangs, and Flight

**Vibe:** High-Stakes Vampire Games. (Hunger Games, but with fangs and yearning.)

**Archetype:** Deadly Rivals to Reluctant Allies.

**Spice Scale:** 3 Peppers  (Tension you can cut with a silver dagger).

*Human girl in a vampire tournament. The chemistry simmers under pure danger. I devoured this!*

# The Dark Yearning Cure: The Wolf and the Crown of Blood (by Elizabeth May)



Crown of Blood & Storms

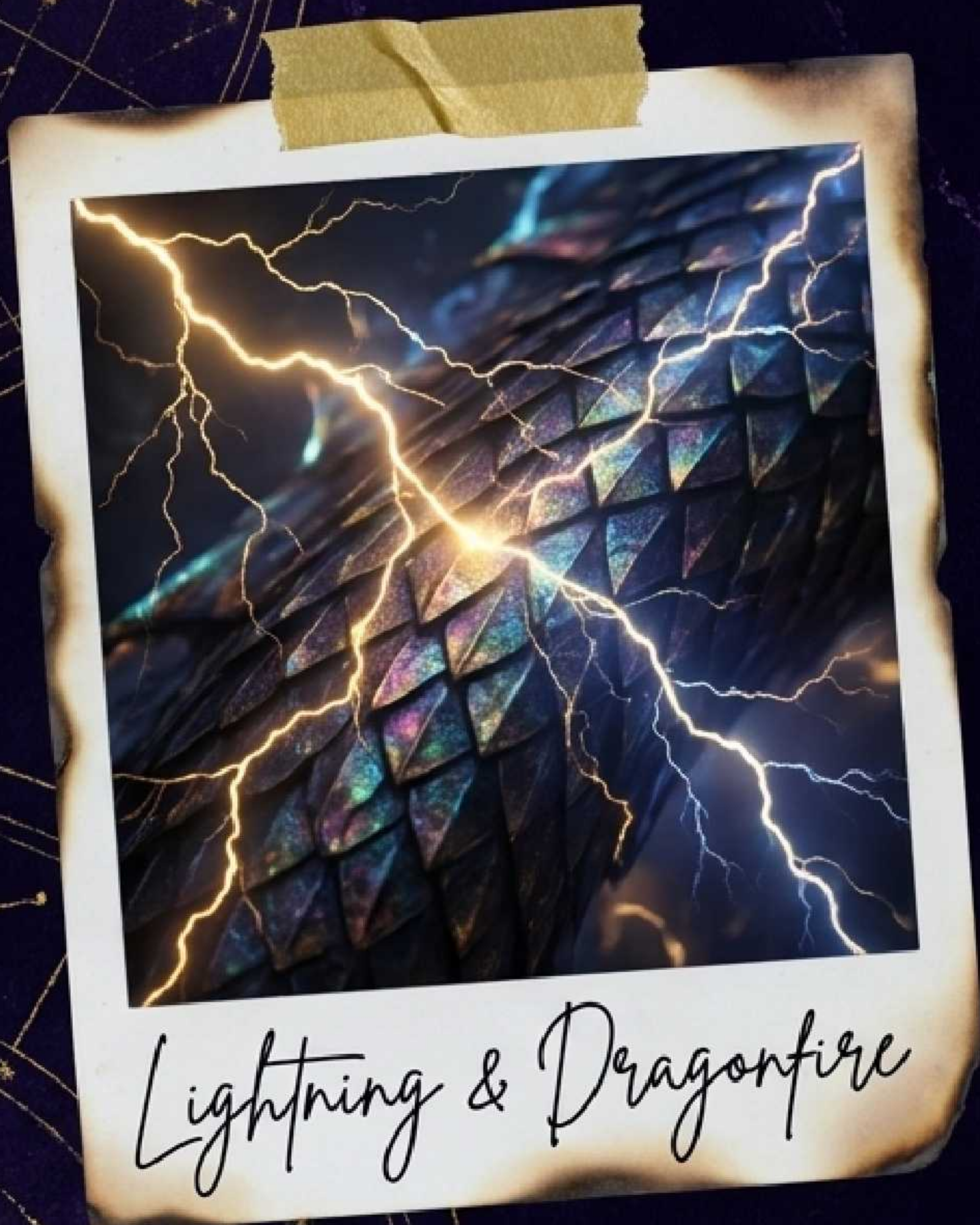
**Vibe:** Explicit Beauty & the Beast.  
(Eros and Psyche with blood and sharp edges.)

**Archetype:** Immortal Enforcer / The Who Did This To You? Beast (Evander).

**Spice Scale:** 5 Peppers (Intense, morally complicated, and extremely explicit).

*He's literally an assassin sent for her. No one yearns like Evander. Read the trigger warnings, then dive in!*

# The Viral Phenomenon Cure: Fourth Wing (by Rebecca Yarros)



**Vibe:** Deadly Dragon War College. (Survive the academy, try not to fall for the enemy.)

**Archetype:** Ultimate Touch-Her-And-Die Shadow Daddy (Xaden).

**Spice Scale:** 4 Peppers (Open door, lightning-hot chemistry).

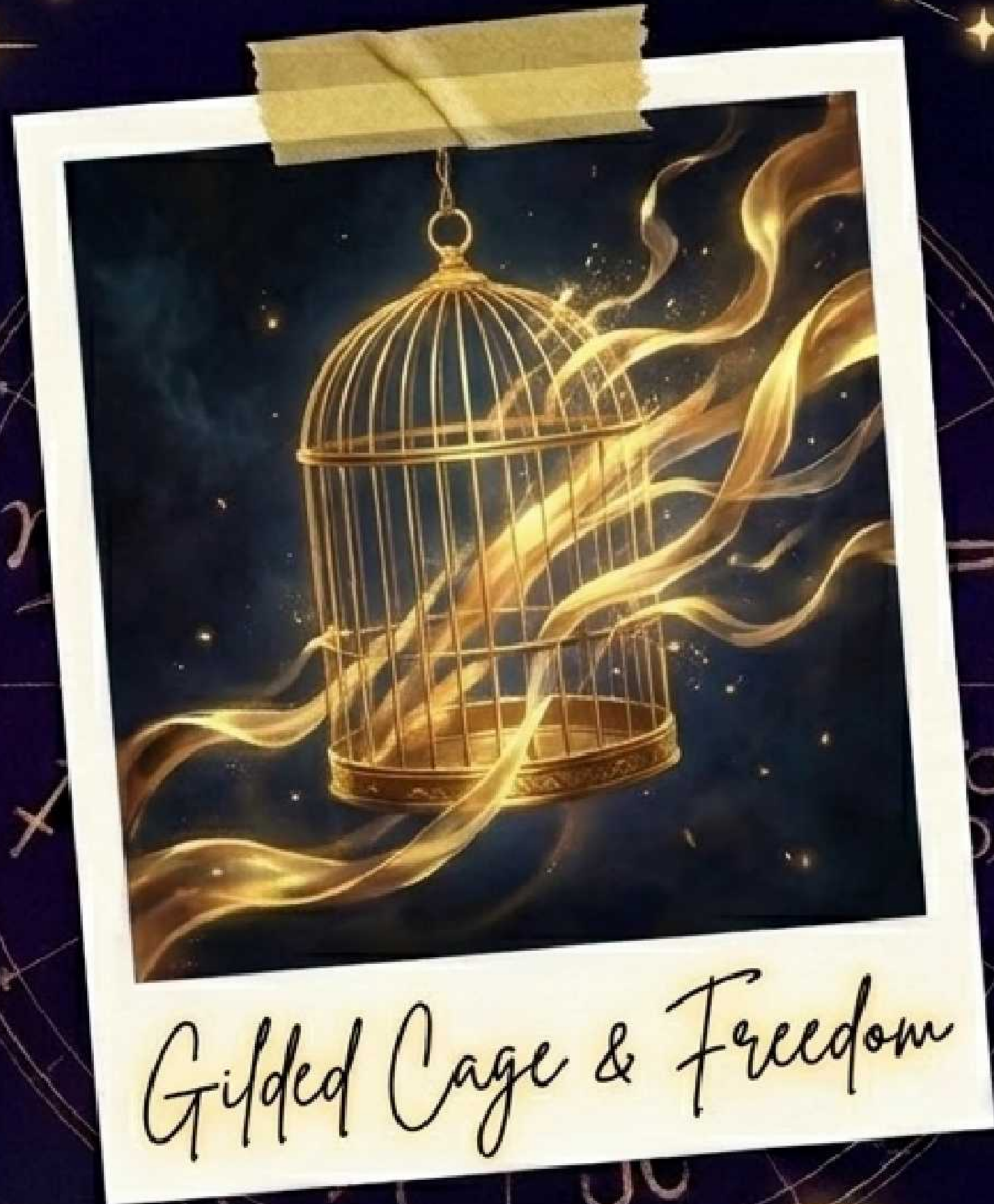


*If you want the exact feeling of discovering ACOTAR for the first time, this is the gateway drug.*

10.29.2023 | 12:15 AM | MOOD: OBSESSED



# The Trauma & Healing Cure: The Plated Prisoner Series (by Raven Kennedy)



Gilded Cage & Freedom

**Vibe:** Gilded Cage Escape. (A dark King Midas retelling.)

**Archetype:** The Rhysand-Coded Supporter.

**Spice Scale:** 4 Peppers (Slow burn transformation from victim to powerhouse).



*If Nesta's healing journey in Silver Flames wrecked you, Auren's story will put you back together.*

# The Romantasy Craving Matrix: Pick Your Poison



# The Ultimate ACOTAR Fan Verdict

**S**

## God-Tier Hangover Cures

*Villains and Virtues, The Serpent and the Wings of Night, Fourth Wing.*

**A**

## Elite Romantasy Reads

*The Plated Prisoner, Fae Isles (by Lisette Marshall), One Dark Window (by Rachel Gillig).*

**B**

## Classic but Polarizing

*From Blood and Ash (by Jennifer L. Armentrout), The Cruel Prince (by Holly Black).*

Synthesized from 10,000+ BookTok votes  
and librarian deep-dives.  
Screenshot this for your TBR!

11.02.2023 | 02:00 AM | MOOD: CURATED CHAOS

# Still Can't Decide on Your Next Book Boyfriend?

Analysis paralysis is real. Let our algorithm do the heavy lifting and match you with your exact flavor of romantasy.

Take the Romance Quiz:  
</quiz/romance-quiz/>

*May your TBR pile grow ever higher.*

11.03.2023 | 03:30 AM | MOOD: DECISIVE YET CURIOUS